

# ABEVA BRIEF

Published for Arizona Biltmore Residents Only

August 2016

## ABEVA Mission Statement

*ABEVA pledges aggressive leadership to nourish and enhance our Biltmore Lifestyle by preserving and protecting the ambience and environment, and by maintaining standards which benefit all members of ABEVA.*

*ABEVA is not affiliated with Biltmore Lifestyles magazine and does not necessarily endorse or recommend any of its content or advertisers.*

## From the ABEVA Office

### Board of Directors Meeting

The next meeting of the ABEVA Board of Directors will be Monday, August 15th at 5:30 p.m. in the ABEVA office. ❖

### ABEVA Roving Patrol Changing of the Guard

Please congratulate Josh Holzinger on being promoted to Roving Patrol Supervisor; you will see him driving around in our new truck Monday through Friday. Josh started at ABEVA in May 2014 and has done an excellent job of patrolling and reporting for all of the Biltmore communities. Josh replaces Martin Murchison who also deserves congratulations for being promoted to Scheduling Manager for Securitas. ABEVA has two new faces you will soon recognize; Julie Bavetz who works days Saturday and Sunday and evenings Monday through Wednesday and Juan Ramirez who works days Thursday through Saturday and evenings Sunday and Monday. If you're up late or very early, you'll see Brett Barker who joined us in July 2014. Thank you to all ABEVA roving patrol officers for the great job they do. ❖

### ABEVA Stickers

The purpose of ABEVA stickers is to allow access through the entry gates on Claremont Avenue. You may get a sticker at the ABEVA office. For security reasons, please remember to remove the ABEVA sticker from your windshield when you sell or trade in your vehicle. Bring it back to ABEVA (at least the number) when requesting a new sticker. ❖



### Arizona Biltmore Resort Rewards Card

Several residents have inquired about privileges available at the Biltmore Resort and the Biltmore Golf Course for ABEVA members. The Biltmore Resort does extend discounts to ABEVA members with a **Biltmore Rewards Card**. You will receive a 15% discount at the Resort's restaurants and gift shops, as well as 15% off of spa services and guest rooms. The 15% discount is not applicable on holidays, for special events or for gift certificates. The Resort reserves the right to ask for identification as well as membership information to ensure their facilities are not trespassed. Applications for the Biltmore Rewards Card are available in the ABEVA office. Please contact us at either (602) 955-1003 or abevaoffice@abeva.com to receive an application. Should you lose your card and need a replacement, please call Dena Isaacs at (602) 955-6600.

### Arizona Biltmore Resort and Spa Membership

The Biltmore Rewards Card does not include the Resort amenities such as pools, tennis, fitness center and fitness classes. An **Arizona Biltmore Resort and Spa Membership**, which will give you access to the resort amenities – including 8 sparkling pools, 6 tennis courts, a sports court and their state-of-the-art fitness center. There is a one-time initiation fee, as well as monthly dues for this membership. If you are interested, please contact Kari Printy, the Spa Operations/Sales Manager at the Resort at (602) 955-6600 x2984.

**For information on Biltmore Golf Course Memberships, contact Dick Bates at 602-955-9794.** ❖

### Security

If you have a home security system, please use them. Should you see anything suspicious, please call 911 or Phoenix Crime Stop at 602-262-6151, and then notify the ABEVA Roving Patrol of the incident at 602-369-4776. For your safety, please have these numbers programmed in your home and cell phones. ❖

## Monthly ABEVA Patrol Report Recap for the Month of June 2016

NAME OF INCIDENT	INCIDENTS
ALARMS	5
ASSUALT / SHOOTING	0
BURGLARY / ROBBERY	1
SUSPICIOUS: PERSON / VEHICLE	3
VEHICLE BREAK-IN	1
TRESPASSING: VEHICLE / PERSON	9
MISCELLANEOUS	10
DISTURBANCES	9
FIRE DEPARTMENT	5
MEDICAL EMERGENCY / AMBULANCE	3
PROPERTY DAMAGE	4
POLICE INVOLVED	6
THEFT - PROPERTY	3
THEFT - VEHICLE	7
VIOLATION: PARKING / TRAFFIC	118
LEAK: WATER / GAS	9
OPEN: WINDOW / GATE / DOOR	1
GARAGE DOORS OPEN	23
LIGHTS	17
<b>TOTAL REPORTS:</b>	<b>234</b>





## Be Careful in the Heat

It has been a pretty brutal June and July, and we want you to be safe in the heat. The following information is from the Center for Disease Control & Prevention:



### Heat Exhaustion

Heat exhaustion is a milder form of heat-related illness that can develop after several days of exposure to high temperatures and inadequate or unbalanced replacement of fluids. It is the body's response to an excessive loss of the water and salt contained in sweat. Those most prone to heat exhaustion are elderly people, people with high blood pressure, and people working or exercising in a hot environment.

### Recognizing Heat Exhaustion

Warning signs of heat exhaustion include the following:

- Heavy sweating
- Muscle cramps
- Weakness
- Headache
- Fainting
- Paleness
- Tiredness
- Dizziness
- Nausea or vomiting

The skin may be cool and moist. The victim's pulse rate will be fast and weak, and breathing will be fast and shallow. If heat exhaustion is untreated, it may progress to heat stroke. Seek medical attention immediately if any of the following occurs:

- Symptoms are severe
- The victim has heart problems or high blood pressure

Otherwise, help the victim to cool off, and seek medical attention if symptoms worsen or last longer than one hour.

### What to Do

Cooling measures that may be effective include the following:

- Cool, nonalcoholic beverages
- Rest
- Cool shower, bath, or sponge bath
- An air-conditioned environment
- Lightweight clothing

### Heat Stroke

Heat stroke occurs when the body is unable to regulate its temperature. The body's temperature rises rapidly, the sweating mechanism fails, and the body is unable to cool down. Body temperature may rise to 106°F or higher within 10 to 15 minutes. Heat stroke can cause death or permanent disability if emergency treatment is not provided.

### Recognizing Heat Stroke

Warning signs of heat stroke vary but may include the following:

- An extremely high body temperature (above 103°F, orally)
- Red, hot, and dry skin (no sweating)
- Rapid, strong pulse
- Throbbing headache
- Dizziness
- Nausea
- Confusion
- Unconsciousness

### What to Do

If you see any of these signs, you may be dealing with a life-threatening emergency. Have someone call for immediate medical assistance while you begin cooling the victim. Do the following:

- Get the victim to a shady area.
- Cool the victim rapidly using whatever methods you



can. For example, immerse the victim in a tub of cool water; place the person in a cool shower; spray the victim with cool water from a garden hose; sponge the person with cool water; or if the humidity is low, wrap the victim in a cool, wet sheet and fan him or her vigorously.

- Monitor body temperature, and continue cooling efforts until the body temperature drops to 101-102°F.
- If emergency medical personnel are delayed, call the hospital emergency room for further instructions.
- Do not give the victim fluids to drink.
- Get medical assistance as soon as possible.

Sometimes a victim's muscles will begin to twitch uncontrollably as a result of heat stroke. If this happens, keep the victim from injuring himself, but do not place any object in the mouth and do not give fluids. If there is vomiting, make sure the airway remains open by turning the victim on his side.

## It's Summer – Remember Your Pets

Here are a few helpful tips from the Arizona Humane Society:



- Keep pets inside
- Provide water at all times
- If you do have a pet outside, provide water in a non metal, spill proof container. Make sure your pet has ventilated shelter. A wading pool in the shade would be nice.
- Walk pet at daybreak or at night when pavement won't scorch the skin.
- Avoid strenuous exercise since pets can suffer from heat exhaustion too (especially goes for those that ride bikes while dogs trot along).
- NEVER leave animals in a parked car.

## Change Your A/C Filter

Changing your air filter is a simple and important preventative maintenance task all homeowners can perform.



This time of year the heat and dust storms force our air conditioners to work much harder. Change your air filter every month when you pay your electric bill and it will save you money on electric bills plus save you money on repairs. Your air will be cooler and a clean filter will prevent some major expenses down the road, your compressor and motor will work more efficiently and last longer. There are many different types of furnace filters and air conditioning filters available.

Important things to consider when comparing furnace filters:

- There is no difference between a furnace filter and an air conditioning filter.
- When selecting a filter type, the brand name is not important.
- Choose characteristics you like about a filter and then compare filters of that type to make your final choice.
- When replacing filters, it is never a good idea to (stack) use more than one media air filter in your HVAC equipment. It has a negative impact on air flow. Example would be installing two 1 inch filters together instead of a 2 inch filter.
- Disposable fiberglass air filters should be changed every 30 days, and pleated air filters should be changed every 3-4 months. Check manufacturers' recommendation. ❖



## MEETINGS & LUNCHEONS

### Biltmore Lunch Bunch

The Biltmore Lunch Bunch (BLB) will meet on Friday, August 12th, 2016 at 11:45 a.m. at Frank and Albert's with Jennifer Allen as Coordinating Hostess. BYOM (Bring Your Own Money), order off the menu and come enjoy lunch with ladies who live or work in the Biltmore area. The dress is casual.

You will receive e-mail reminders of when the lunches are scheduled. If you have any questions or would like to be added to the list to receive reminders about the BLB, contact La Rita Mason at (602) 667-0002 or lrmason@arn.net. It helps in planning if you can let La Rita know in advance if you know you plan to come; however, if you don't know until the time of the event, drop-ins are always welcome. ❖

### Biltmore Networking Group

The Biltmore Networking Group monthly happy hour provides an excellent opportunity to meet and network with others in the Biltmore community. There is usually a group of about 60-80 professionals, including finance, fine arts, government, hospitality, law, marketing, medicine, real estate, technology and many more.

The upcoming happy hours are planned for August 4th and September 1st from 5:30 p.m. to 7:30 p.m. at the Omaha SteakHouse Garden Lounge inside the Embassy Suites Phoenix Biltmore. There is no need to RSVP, and there is never a charge to attend these events. If you have any questions or would like to be added to the email list for monthly announcements, please contact Shahpar at biltmorenetwork@gmail.com. Shahpar founded the Biltmore Networking Group in 2003. ❖

## SPECIAL OFFERS AND EVENTS

### Arizona Biltmore Resort and Spa

Soak up the last days of summer with fine cuisine, spa specials, and much more!

#### Arizona Biltmore Beer Dinners

August marks the next installment of the Arizona Biltmore Beer Dinners. Join the Arizona Biltmore as they celebrate Ninkasi Brewing on Wednesday, August 10th where acclaimed microbrews are paired with original recipes by Arizona Biltmore's culinary team. The four-course dinners will be held in the private Sunroom of Frank & Albert's restaurant.

#### Kids Tennis Camp

This summer, kids can learn to play tennis while enjoying the resort-like atmosphere of the Arizona Biltmore. Daily tennis instruction is provided by USPTA certified Pro Josh Brayan. Other camp activities include swimming, kid's yoga, movies, arts & crafts and much more; this is summer at its best! Half day and full day sessions are available from through August 12th.

#### Kids' Cooking Classes

Weekly Kids' Cooking Class is a guest favorite! Classes are held every Saturday from 3:00 p.m to 4:00 p.m. at Frank & Albert's. Reservations are required. ❖

### Arizona Biltmore Golf Club

Woohoo, its August! The dog days of summer are finally here! Looking on the bright side of things, we're a few days closer to fall and the return of all things pumpkin. Speaking of dogs, the Adobe Restaurant Patio is dog-friendly, has a great misting system and is ready to host you and Fido for breakfast, lunch or a cold-beverage.

#### Summer Specials at The Biltmore Golf Club

Take advantage of three great summer specials:

- **#WBW:** On Way Back Wednesdays, The Biltmore takes greens fee back to \$19.29+tax after 9:00am daily.
- **Happy Hour Golf:** For just \$15, you can play four holes of golf plus grab a domestic beverage.
- **Lunch Practice Special:** For just \$15 grab a famous Biltmore dog, a drink and a bucket of balls.

## ABEVA Board of Directors

**James Bell, President**  
**Michael Leeman, Vice President**  
**Mark Monserez, Secretary**  
**Judith Shafkind, Treasurer**  
**Arnold Braasch, Director**  
**Steven Helm, Director**  
**Phil Tibi, Director**  
**Will Hawking, Director**

### ABEVA Office Information

**2525 East Arizona Biltmore  
 Circle, Building D, Ste. 145  
 Phoenix, Arizona 85016**  
**Hours Mon.-Fri. 8:30 am-5 pm**  
**602-955-1003 phone**  
**602-955-1144 fax**

**Carol Jones  
 Community Manager**

**The ABEVA Brief Editor  
 Carol Jones  
 cjones@abeva.com**

**Roving Patrol: 602-369-4776**  
**Police Dept. Non-Emergency:  
 602-262-6151**

### Website Information

Please visit the website at [www.abeva.com](http://www.abeva.com). There is a link to Phoenix Metro Bank to pay your annual dues. You can download many ABEVA documents; CC&Rs, Parking Permission, Architectural Request Form, and more. You may also read board minutes and the *ABEVA Brief* online. ❖

## Handy Contacts

City of Phoenix Back-Washing  
 Department  
 (Pools)  
 602.256.3190  
 Dead Animal Pick-up  
 602.262.6791  
 Dog Catcher  
 602.506.7387  
 Snake Control  
 480.894.1625  
 Fish & Game  
 602.942.3000  
 SRP Outages  
 602.236.8811  
 Water Department  
 602.262.6251  
 Water Department (after hours)  
 602.261.8000





- **Couples Golf:** For \$40+tax per couple on Tuesdays at 4:30 p.m., play nine holes of golf, receive two drink tickets for the beverage cart and get a sleeve of golf balls. Contact Chad to sign up at 602-955-9794.

**New Summer Menu At The Adobe Restaurant**

Whether you grab a seat on the patio or inside in the air-conditioned comfort of the Adobe Restaurant, the new summer menu is definitely worth stopping by for. Three Chilled-Plate options are as refreshing as they are delicious, including: the Pan Seared Salmon Salad, the Cobb Classic, and the Sweet Spot Caesar. If your heart is set on something other than salad, a mouthwatering B.L.Tee or a tasty Clubhouse Sandwich are sure to please.

**Summer Pass**

There's still time to enjoy The Biltmore and Wigwam Summer Golf Pass. For \$144 you get six rounds of golf to play at The Biltmore and/or The Wigwam. Play three times here and three times there or here five and there once. You can do the math, but just be sure you take advantage of the

offer before August 31st.

**Unlimited Golf Is Here**

If the Summer Pass isn't enough golf for you, then enjoy the privileges and prestige of an Arizona Biltmore Golf Club membership. Plus, you'll love the newly added perk of unlimited golf. Learn more about new membership options at [www.azbiltmoregc.com](http://www.azbiltmoregc.com).

**Happy Hour/Yappy Hour**

Grab your friends and neighbors for burgers, brews and views at the Adobe Restaurant! Enjoy \$5 appetizers and drink specials and relax on our newly misted patio. Happy Hour runs Monday through Thursday until 5:00 p.m., and Friday, Saturday and Sunday until 6:00 p.m. Plus, the Adobe's brand new Yappy Hour menu is perfect for that special dog in your life, as our dog-friendly and mister-cooled patio is a great place to hang morning til eve.

For more information, to book a golf tee time, a corporate lunch, party or private function, please visit [www.azbiltmoregc.com](http://www.azbiltmoregc.com) or [www.theadoberestaurant.com](http://www.theadoberestaurant.com). ❖



**ABEVA MEMBER DISCOUNTS FOR AUGUST 2016**

The following businesses and ABEVA partners have graciously offered to provide discounts to ABEVA MEMBERS ONLY. THERE IS NO ABEVA-ISSUED CARD. TO SHOW YOU ARE A MEMBER OF ABEVA, BRING THIS SECTION OF THE BRIEF WITH YOU.

**Restaurants**

- **Omaha Steak House** 2630 E. Camelback Embassy Suites. 10% off food only not valid holidays 602-553-8970. 
- **L'Amore Restaurant** 32nd Street & Lincoln Drive. 10% off. 602-381-3159. 
- **Base Pizzeria** 3115 E. Lincoln Drive. Organic. Modern. Pizza. 20% off lunch for all ABEVA members. For more information, call 602-535-8914.

**Partners & Businesses**

- **Acupressure Therapy.** Relieve pain, stress and enhance overall wellness with therapeutic acupressure. ABEVA Brief readers receive 25% off their initial visit. Call Nathan Shannon L.M.T. at 480-707-2060.
- **Foothills Pet Resort** 3165 E. Lincoln Drive. 10% off Boarding, Daycare, and Grooming Services. Call 602-956-2302 or visit [www.foothillspetresort.com](http://www.foothillspetresort.com). 
- **Salon Vanity'z** 2633 E. Indian School Rd., Suite 150. 10% off to ABEVA residents on all nail and skin care services. 602-553-0399 or visit [www.salonvanityz.com](http://www.salonvanityz.com).
- **Classy-Jazzy Boutique** 3147 E. Lincoln Drive next to L'Amore Restaurant. Clothing, accessories & jewelry. \$20 off your first purchase!
- **Salon Estique** 40 E. Camelback. ABEVA Residents get a FREE Haircut/Style and makeup application. First time guests only. Weekend and holiday restrictions may apply. [Salonestique.com](http://Salonestique.com) 602-248-0077.
- **R Salon** 1940 E. Camelback Rd. Complimentary haircut with any color service. Stylist Janelle Hills 602-216-1616.

- **Inspired Bodies Massage** 602-451-5436. Therapeutic massage and reflexology. New clients receive a 60 minute massage for \$60.
- **State of the Art Designers in Hair** 2398 E. Camelback Rd. Complimentary haircut with any color service. Stylist Jill Moore 602-435-8488.
- **UPS Store** 3219 E. Camelback Road (next to Tomaso's.) 10% off 602-952-8830. 
- **Groom Room Barbershop** at Biltmore Fashion Park. Receive \$5 off. Every haircut comes with a shoe shine! 602-252-2552. 
- **Wrigley Mansion** 20% off lunch, dinner or brunch. For your reservation call 602-955-4079.
- **Seth's Healing Hands** Traveling Medical Massage Specialist. Over 15 years experience. 20% off all medical massages for ABEVA members. 602-373-7553.
- **XCVI Boutique** at Biltmore Fashion Park. Clothing, accessories and jewelry for women who believe in style and comfort. 30% discount on newest arrivals.
- **ExecuCar** please book online at [www.supershuttle.com](http://www.supershuttle.com) to receive 10% off using the online discount code of WA6YQ.
- **SuperShuttle** please book online at [www.supershuttle.com](http://www.supershuttle.com) to receive 10% off using the online discount code of ZT9K2.
- **Get Your Move On**, Delicate Moving & Storage - \$100 off for your next move. - 480-695-6621 

